

ELIKA RAD

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PROFESSIONAL SUMMARY

Results-driven healthcare leader with 20+ years of clinical and leadership experience, specializing in quality improvement, operational efficiency, and strategic initiatives. Passionate about driving impactful change through data-driven decision-making, process optimization, and fostering a culture of engagement & excellence in patient care. Committed to continuous learning and transformational leadership to enhance healthcare delivery.

EDUCATION

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| 2006 | University of California San Francisco , San Francisco, Ca
<i>Master of Science in Nursing (MSN), Adult Nurse Practitioner</i> |
| 2005 | American Lung Association California
<i>Fellowship in Pulmonary Care</i> |
| 2003 | University of California San Francisco , San Francisco, Ca
<i>RN/BSN Equivalent (Master's Entry Program in Nursing)</i> |

SKILLS

Verbal & Written Communication
Relationship Building
Programmatic Development
Quality Improvement
Team Development
Billing Optimization
Problem Solving/Strategy
Operational Efficiency

EXPERIENCE

October 2024 – Current

Advanced Practice Provider (APP) Leader | Center for Advanced Practice | Stanford Health Care

Provide operational support for APP Fellowship Director and systemwide APP leadership through onboarding, mentorship, and development of professional resources. Optimizing home-based care delivery through direct supervision of frontline APP, aligning operations with physician and clinic leadership in a collaborative triadic model. Co-leading an ambulatory billing optimization initiative with Compliance and Revenue Integrity, standardizing education and tools to improve APP financial performance. Supporting strategic efforts to develop dashboards and tracking tools for key quality metrics in APP-led inpatient areas. Coaching 5 inpatient teams on Lean thinking method to solve hospital throughput delays.

Key Accomplishments:

- Represented the administrative tract during APPFA reaccreditation, contributing to the fellowship's third consecutive distinction from ANCC.
- Refined the APP Administrative Fellowship Finance curriculum with the Director of Performance & Analytics to highlight healthcare financial structures and APP contributions to the business of medicine.
- Implemented a workflow automation solution to improve accountability and transparency within APP leadership development initiatives.

October 2023 – October 2024

Lead Advanced Practice Provider Administrative Fellow | Center for Advanced Practice | Stanford Health Care

Comprehensive fellowship refining leadership and management skills in communication, hiring, evaluation, budgeting, resource planning, meeting facilitation, and process improvement. Engaged in APP operational leadership, professional development, and cross-functional collaboration with programmatic, operational, physician, and executive leaders.

Key Accomplishments:

- Led a cross-functional CMS Documentation & Training Workgroup for 2024 split/shared billing changes, developing system-wide guidelines, training materials, and issue resolution strategies.
- Chaired the APP Student Preceptor Taskforce, applying Lean Six Sigma to reduce workflow waste and improve student-preceptor matching efficiency by 27%, with a 32% increase in new preceptors within one year.
- Facilitated Workforce Planning Committee meetings, aligning APP staffing models with national benchmarks.
- Served as acting manager for five clinical APP fellows (April–October 2024).
- Led monthly APP onboarding for new hires in collaboration with Stanford Children’s Health leaders.
- Contributed to quarterly APP leadership onboarding for clinicians transitioning into leadership roles.
- Co-facilitated quarterly mentorship sessions and served as a clinical mentor for newly hired APP.
- Co-chaired National APP Week Planning Committee, executing a streamlined, engaging week-long celebration that promoted wellness and recognition, fostering professional engagement.

July 2008 – September 2023**APP IV: Nurse Practitioner** | Chest Clinic: Adult Cystic Fibrosis Program | Stanford Health Care

Provided comprehensive, high-quality care for adults with cystic fibrosis (CF), managing complex multiorgan disease in collaboration with multidisciplinary teams across inpatient and ambulatory settings. Specialized in advanced genetic diagnostics, high-risk pulmonary complications, gastrointestinal manifestations, refractory infections, high-risk medication monitoring, and end-of-life care. Cross-trained in general pulmonary, pre-/post-heart-lung transplant care, and interstitial lung disease (ILD).

Key Accomplishments:

- Pioneered the establishment and expansion of the Adult Cystic Fibrosis Center since its inception in 2008.
- Developed protocols and workflows to enhance patient care efficiency and interprofessional collaboration.
- Advocated for APP top-of-license practice integration, increasing patient access and provider efficiency.
- Led telemedicine best practices for CF care during the COVID-19 pandemic, contributing to a published study.
- Key consultant on a quality improvement initiative reducing CF patient length of stay from 7.6 to 6 days, leading to a standardized clinical pathway for discharge planning.
- Spearheaded training and education for new APP hires and Pulmonary Critical Care Medicine fellows.

July 2003 – July 2008**Staff Nurse IV** | Intermediate ICU D2/D3 | Stanford Hospital & Clinics

Delivered critical care to post-surgical cardiac, thoracic, vascular, transplant, trauma, and medicine overflow patients with cardiac monitoring needs, ensuring safety and adherence to best practices.

Key Accomplishments:

- Contributed to unit- and hospital-wide initiatives, supporting SHC’s initial Magnet designation.
- Mentored student nurses and new graduate RNs.
- Served as Charge/Resource Nurse, overseeing patient flow, staff assignments, crisis management, and operational efficiency.

LICENSURE & CERTIFICATIONS

2024	Lean Six Sigma Green Belt for Healthcare – Emory University
2007 to present	Adult Nurse Practitioner Certification/License, California
2009 to present	Nurse Practitioner Furnishing License, California
2003 to present	Controlled Substance Registration Certificate, Drug Enforcement Administration
2003 to present	Registered Nurse Certification/License, Board of Registered Nursing - California
2009 to present	ACLS/BLS, American Heart Association
2011 to present	Adult Nurse Practitioner Certification – American Academy of Nurse Practitioners (AANP)

PROFESSIONAL AFFILIATIONS

2025 to present	Stanford Medicine Center for Improvement (SMCI) Affiliate
2024 to present	American College of Healthcare Executives (ACHE) – Member
2023 to present	Association of Pulmonary Advanced Practice Providers (APAPP) – Member
2003 to present	American Association of Nurse Practitioners (AANP) – Member

COMMITTEES & PROJECTS

07/2024 to present	Asian Pacific Islander & Allies ERG Program and Events Committee – <i>Norouz Lead</i>
01/2024 to 10/2024	Advanced Practice Provider (APP) Week Committee – <i>Co-Chair</i>
12/2023 to 9/2024	Advanced Practice Provider Student Preceptor Taskforce - <i>Chair</i>
12/2023 to 3/2024	Inaugural Norouz "New Year" Celebration, collaboration with AAPIA ERG – <i>Co-Chair</i>
11/2023 to present	CMS Team-Based Care Documentation & Training Workgroup – <i>Co-Chair</i>
2/2023 to 4/2023	PC-PEP QI: Screening & Management of Cystic Fibrosis Related Bone Disease - <i>Member</i>
5/2022 to 2/2024	Stanford/LPCH Grand Rounds Committee – <i>Interim Co-Chair</i>
9/2021 to 12/2023	APP SHINE Scholarship Committee – <i>Chair</i>
9/2019 to 9/2021	Stanford/LPCH Grand Rounds Committee – <i>Co-Chair</i>
9/2019 to 9/2021	APP SHINE Scholarship Committee - <i>Member</i>
5/2018 to 6/2019	Radiology Improvement Team Education (RITE) – <i>Cohort 10 Decreasing Lung Transplant LOS</i>
2018 to 2019	Provider EPIC Superuser Network APP Committee – <i>Chair</i>
2018 to 2019	Stanford Advanced Practice Provider General Council <i>Co-Chair</i>
2017 to 2018	Stanford Advanced Practice Provider General Council <i>Co-Chair Elect</i>
2017 to 2020	Provider EPIC Superuser Network – <i>Member</i>
2017 to 2019	Stanford/LPCH Grand Rounds Committee – <i>Member</i>
2017 to 2018	Stanford Advanced Practice Provider General Counsel– <i>Chair elect</i>
2015 to 2019	SHC Ambulatory/UHA/Cancer Center Superuser Network - <i>Member</i>
2015 to 2017	Stanford Advanced Practice Provider General Counsel – <i>Member</i>
2015 to 2017	Optimizing Discharge: Decreased CF Patient Length of Stay (LOS) – <i>APP Lead</i>

SPEAKING ENGAGEMENTS

3/2025	Abstracts: "APP Student Preceptor Inventory Report (ASPIRe)" and "Leading Change with Heart: Nurturing Core Skills to Inspire and Guide Teams" <i>CANP Annual Education Conference – Rancho Mirage, CA</i>
10/2024	APP Fellowship Graduation: "APP Student Preceptor Inventory Report (ASPIRe): To Optimize Advanced Practice Provider Student-Preceptor Pairing Opportunity" <i>Stanford Medicine Health Care – Stanford, CA</i>
7/2024	APP Grand Rounds – "Leading Change with Heart: Nurturing Core Skills to Inspire and Guide Teams" <i>Stanford Medicine Health Care – Stanford, CA</i>
2024-2025	Annual PAHC IV M.S. in PA Studies course – "Building Bridges: Leveraging Mentorship in Your Career" <i>Stanford School of Medicine – Stanford, CA</i>
2018-2024	Annual MSPA Course: Principles of Clinical Medicine <i>Stanford School of Medicine – Stanford, CA</i>
2020-2023	Annual Pulmonary Consultant for Adult Gerontology Primary Care: Complex Health Problems Course <i>UCSF School of Nursing Master's Program – San Francisco CA</i>
10/2018	Collaborative Approach to GI Management of the Cystic Fibrosis Patient – Moderator <i>North American Cystic Fibrosis Conference (NACFC) – Denver, CO</i>
10/2017	Distal Intestinal Obstruction Syndrome Roundtable Speaker and CF Pulmonary Emergencies Moderator <i>North American Cystic Fibrosis Conference (NACFC) – Indianapolis, IN</i>
10/2015	Moderator for Caregiver session: Anxiety and Depression <i>North American Cystic Fibrosis Conference (NACFC) – Phoenix, AZ</i>
9/2015	COPD: Diagnosis and Management. <i>Topics in Acute and Ambulatory Care for Advanced Practice Providers – Stanford Health Care</i>

- 2014-2015 Acute Nursing Care of the Adult CF Patient
Nursing Symposium & orientation – Stanford Health Care
- 10/2014 When Your Patient Says “No” to Transplant.
North American Cystic Fibrosis Conference (NACFC) – Atlanta, GA
- 10/2014 Evaluation of Dyspnea.
APP Topics in Acute and Ambulatory Care – Stanford Healthcare
- 3/2014 Non-Tuberculosis Mycobacterium (NTM) in Cystic Fibrosis.
Stanford CF Education Day – Stanford, CA
- 3/2013 Distal Intestinal Obstruction Syndrome (DIOS).
Stanford CF Education Day – Stanford, CA

PUBLICATIONS

Rad EJ, Mirza AA, Chhatwani L, Purington N, Mohabir PK. Cystic fibrosis telemedicine in the era of COVID-19. *JAMIA Open*, Volume 5, Issue 1, April 2022, ooac005, <https://doi.org/10.1093/jamiaopen/ooac005>.

Mirza AA, **Rad EJ**, Mohabir PK. Cystic fibrosis and COVID-19: Care considerations. *Respiratory Medicine Case Reports*. 2020; 31: 101226. <https://doi-org.laneproxy.stanford.edu/10.1016/j.rmcr.2020.101226>

Sher Y, **Rad E**, Stroebe M., Mohabir P, et al. Edited by Georgiopoulos A, Stern T, et al. Which Tests and Procedures Assess, Monitor and Treat My CF? *Facing Cystic Fibrosis: A Guide for Patients and Their Families*. The Massachusetts General Hospital Psychiatry Academy. 2019: 29–44.

Marmor M, Jonas A, Mirza A, **Rad E**, Wong H, Aslakson R. Opportunities to Improve Utilization of Palliative Care Among Adults with Cystic Fibrosis: A Systematic Review *Journal of Pain and Symptoms Management*. 2019; 58 (6): 1100-1112.e1

Reicher JJ, Mohabir P, **Rad E**, Gayer G. Increased prevalence of tracheal diverticula in cystic fibrosis patients. *Br J Radiol* 2016; 89: 20150694.

AWARDS

- Feb 2025 **Nominee - 2025 BEAM Team Equity Award**
Stanford Medicine HR – Diversity, Equity & Inclusion
- July 2024 **Ed Kinney Award – Service & Dedication to the Cystic Fibrosis Community**
The Living Breath Foundation
- Sept 2023 **Inaugural APP Professional Excellence Project (PEP) Award**
Center for Advanced Practice - Stanford Health Care
- Sept 2023 **Nominee – Clinical Advanced Practice Provider (APP) of the Year Award**
Center for Advanced Practice – Stanford Health Care
- Oct 2018 **Outstanding Contribution and Achievement Award**
Stanford Health Care – Adult Cystic Fibrosis Program
- Oct 2018 **Nurse Spotlight – Friends of Nursing Grant**
Stanford Health Care
- May 2018 **Friends of Nursing Evidenced Based Practice & Quality Improvement Grant**
Stanford Health Care – APP Grand Rounds Committee
- Sept 2014 **Nominee – Inaugural Advanced Practice Provider (APP) of the Year Award**
Stanford Health Care – Center for Advanced Practice
- Sept 2001 **Outstanding Performance Award**
UCSF School of Medicine Cardiovascular Research Institute (CVRI) – Asthma Clinical Research Center
- 1998, 1999 **Community Dedication Award**
UC Davis - Iranian Student Cultural & Aesthetic Organization (ISCAO)